Name:

Worksheet for "How to Read A Recipe" Video



View the Edible Schoolyard video -"How to Read a Recipe" (<u>https://vimeo.com/132351407</u>) or use the QR code to the right.

You'll also need to reference the "Sauteed Greens" recipe (https://tinyurl.com/ESYgreens) or use the QR code to the left.



WATCH: You will be watching the videos twice:

- First, just view the video without taking notes.
- The second time you watch the video, please **pause while watching the video** and answer the following questions:
- 1. What is the difference between flexible and precise recipes?
- 2. Which ingredients in the recipe "Sauteed Greens" have hidden instructions?
 - a. What are these "hidden" instructions?
- 3. Why might you need to cross-reference between the instructions and ingredient list? (hint: what information is not in the instructions?)
- 4. What is an example of sequence language? What does sequence language tell you?
- 5. It can be helpful to rewrite a recipe in your own words. Try to describe all the steps of the Sauteed Greens recipe below:
 - a.
 - b.
 - C.
 - d.
 - e.
 - f.
 - g.
 - h.
 - i.

DO: Now that you know how to read recipes like a chef, find another recipe you want to cook and remember to use these tips!