

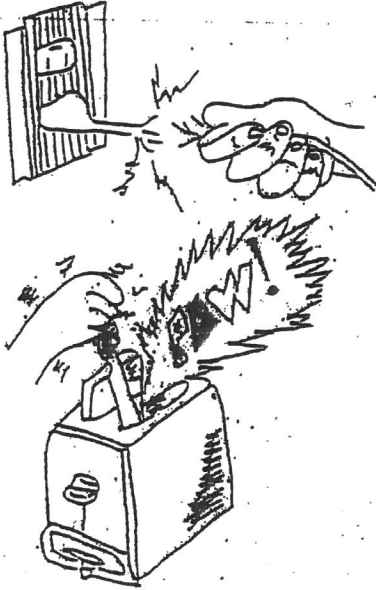
KITCHEN SAFETY

Notes: Safety in the kitchen

1. **Move in an orderly manner. Do not run in the lab.**
2. **In your kitchen/unit:**
 - a. **Avoid accidents by working in an uncluttered area: take your time & be cautious.**
 - b. **Have chairs pushed under the tables.**
 - c. **Keep the doors and drawers closed unless actively using.**
3. **Wipe up all spills immediately. Use paper towels to wipe the floor.**
4. **Work carefully around the stove:**
 - a. **Turn pot handles inwards or out of the line of traffic, to avoid accidents.**
 - b. **Be sure dish cloths, towels, clothing and electrical cords are away heating units.**
 - c. **Use a wooden spoon for stirring as it is a non-conductor of heat.**
 - d. **Lift saucepan lid away from you to avoid burns from steam.**
 - e. **Pull out the oven rack when putting baking pans into or taking out of the oven. Do not reach into the oven.**
 - f. **Check to make sure that all elements and the oven are off when not in use.**
5. **Use padded oven mitts to handle hot dishes, never use a damp cloth or apron.**
6. **Use knives and all other sharp instruments correctly.**
 - a. **Cut away from yourself.**
 - b. **Carry with blade pointed downwards.**
 - c. **Lay sharp knives, peelers, etc. carefully aside after using.**
 - d. **Never leave knives and sharp instruments in soapy dishwater. Wash separately, dry immediately and put away carefully.**

KITCHEN SAFETY

1. NEVER touch an electrical appliance with wet hands.
2. Be sure that you are not standing on a wet surface when you handle an electrical appliance.
3. NEVER connect the current with wet hands.



4. NEVER pull on electrical cords. Take the plug from the wall first.
5. Plug the cord into the appliance first, then into the wall to prevent sparks.
6. NEVER put a knife, fork or any object into a toaster that is plugged in.

WHEN ACCIDENTS DO OCCUR ACT CALMLY AND QUICKLY:

1. Grease fires
 - Immediately turn off heat.
 - smother with a generous amount of baking soda or salt
 - if possible, cover with a lid.



NEVER put water on flaming grease, it will spread the flame.

NEVER carry a flaming pot to the sink.

2. Broken glass
 - use a broom and dustpan to pick up large pieces of glass.
 - use a damp piece of paper towel to wipe up small pieces.
 - place broken glass in the special container.
3. Treating burns
 - hold a minor burn under cold water for 10 minutes.
4. Cuts eg.
 - from knives – a clean cut
 - tell teacher
 - have person rest
 - elevate the injury
 - apply pressure – bandage from teacher

5. Fire Drills
 - turn off burners and ovens. Be absolutely quiet.
 - wait for instructions
 - know school fire procedures. Extinguisher is for teacher use only.

