

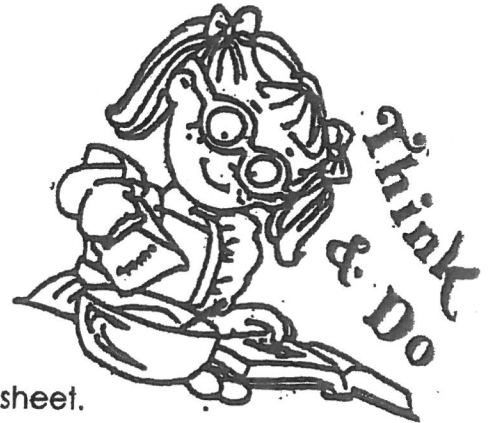
COOKING LAB PROCEDURES

To Begin Food Lab Preparation

1. Place all belongings neatly out of the way.
2. Read entire **recipe**. Ask any necessary questions before beginning.
3. Wash your hands thoroughly before beginning to cook.
4. Put on **apron** and tie back your hair.
5. **Organize** before beginning recipe. Assemble all utensils and measuring equipment. Divide up the duties, one person gets supplies the other student gets out dish towels and measures in kitchen. Take turns.

Cooking & Baking

1. **Measure** all ingredients properly and carefully.
2. **Preheat** oven and prepare pans if required.
3. **Follow** recipe step-by-step doing exactly as instructed.
4. **Practice** safety in the kitchen. Keep work area neat and clean.
5. **Clean up** unit as you work through lab. Stack and wash dishes. Clean counters. Wipe up spills.
6. **Set Table** correctly and attractively for all labs.
7. **Serve** food appropriately.
8. **Basic** rules of etiquette used in classroom.



Before Leaving the Lab

1. Check lab duties to see what each member does.
2. Follow clean-up procedures as outlined on "Duties" sheet.
3. Turn off stove burners, oven and timers. Wipe stove top even if not in use.
4. Leave sink clean and dry (no suds, bits of food, or grease). Drains upside down in sink.
5. Wipe down and dry counters and tables.
6. All extra duties (laundry, supply table, and sweeping) are complete.
7. Ask **TEACHER** to check unit. Wait and sit quietly at unit.
8. **ALL UNITS ARE DISMISSED BY THE TEACHER, NOT BY THE BELL!**

DISHWASHER

1. Set up sinks for dishes (wash counter where drain rack goes).
2. **WASH & RINSE** dishes.
3. Place dishes in drain rack.
4. Clean sink area & put plugs in blue basket.

DISHDRYER

1. Dry dishes.
2. Put dishes away where they belong.
3. Dry drain rack and put away.

HOUSEKEEPER

1. Wash counters & stove.
2. Wash door & drawer handles.
3. Fill canisters and ingredient containers in basket.
4. Check that everything is where it belongs.

SPECIAL DUTIES

1. Ask the teacher for a job.